



Barker Foundation
Aquatic Centre

Welcome Pack July 2020

Barker
Inspiring Tomorrow

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1 Swimming Pathway

Barker Foundation Aquatic Centre provides lessons and squad training for all swimmers from 6 months of age through to adults. Lessons are held 7 days a week. Our program is perpetual, allowing swimmers to join at any time throughout the year.

The Aquatic Centre provides for:

- Learn to Swim classes from babies to pre-squad, for Barker and Community (non-Barker) patrons
- Junior through to Senior Squads for both competitive and non-competitive pathways – held at Barker Aquatics for former, current and future Barker students, and at Hornsby Aquatics for Community students

All staff are nationally accredited instructors and coaches.

Please keep in mind regular attendance and ongoing lessons maximises skill acquisition and development.

1.1 Progressions



Swimmers are assessed on an ongoing basis by our team. Our Deck Supervisors are our most experienced staff and are the main contact point for queries regarding feedback and progressions. Student progression can also be accessed via the Customer Portal: <https://barkercollege.accounts.ud.io>

Our Deck Supervisors will advise parents/guardians when a child has been promoted. Parents/guardians can then confirm enrolment into the next level with our Receptionists.








Further comments or concerns can be forwarded to our Learn to Swim (LTS) Coordinator or Squad Coordinator, via swim@barker.nsw.edu.au.

1.2 Levels and Cap Colours



Infants

Level	Duration	Max Students	Learning Outcomes
 Jellyfish Infants: 6 - 18 months	30 mins	8 (parent and infant)	<ul style="list-style-type: none"> • For infants 6 months and older • Water familiarisation, confidence and, safety • Breath control and submersion • Mobility and floatation
 Tadpole Infants: 18 months - 2.5 years	30 mins	8 (parent and infant)	<ul style="list-style-type: none"> • For infants 18 months and older • Water familiarisation, confidence and, safety • Breath control and submersion • Mobility and floatation

Learn to Swim

Level/Cap Colour	Duration	Max Students	Learning Outcomes
 Frog (Lime Green) 2.5 years - 3 years	30 mins	2	<ul style="list-style-type: none"> • Independent swimming with assistance • Water survival skills
 Clownfish (Orange) 3 years and over	30 mins	3	<ul style="list-style-type: none"> • Independent swimming with assistance • Water survival skills
 Starfish (Red)	30 mins	4	<ul style="list-style-type: none"> • Build on independent swimming on both front and back • Water survival skills
 Seahorse (Purple)	30 mins	4	<ul style="list-style-type: none"> • Streamlined glide and fast kicking • Introduce freestyle • Introduce backstroke
 Octopus (Yellow)	30 mins	4	<ul style="list-style-type: none"> • Combine breath timing in freestyle • Backstroke
 Penguin (Light Blue)	30 mins	5	<ul style="list-style-type: none"> • Further stroke development in freestyle and backstroke • Introduction to breaststroke • Overall swimming distance increased
 Turtle (Dark Green)	30 mins	5	<ul style="list-style-type: none"> • Stroke technique in freestyle and backstroke • Consolidate breaststroke

Stroke Development and Pre-Squad

Level/Cap	Duration	Max Students	Learning Outcomes
 Dolphin (White)	45 mins	6	<ul style="list-style-type: none">• Mastering stroke technique in all 4 strokes• Introduction to competitive starts, turns, and finishes• Learn to read the pace clock
 Shark (Navy) Transition to Squad programs	60 mins	9	<ul style="list-style-type: none">• Introduction to coaching and swimming as a sport• Encouraged to join Barker Aquatic Swim Club• Follow swim set instructions and squad swimming protocols• Apply strokes and skills in a club night environment

1.3 Squad Pathway

The sport of swimming offers many benefits, both in competitive and recreational environments. Swimmers develop self-discipline, the ability to accept and apply feedback, good sportsmanship, and time management skills. Extending to competitive swimming allows the swimmer to experience success and to learn how to deal with defeat; to plan and work towards set objectives while becoming healthy and physically fit.

At Swim@Barker we not only develop swimmers but also confident, healthy, and independent individuals who can build on a strong foundation to reach their full potential both in and out of the pool.

At Swim@Barker we believe that swimming is a skill for life.

The Swim@Barker recreational swim program is tailored to suit a wide range of abilities and fitness levels. Whether you are keen to maintain a healthy active lifestyle, maintain fitness in the off-season, are using the pool for rehabilitation and recovery, or are working your way back to competitive swimming, we have a squad program to suit your needs.

1.4 Squad Overview



Red Squad (1 hour)

Learn to train and race for enjoyment

Age	Coaches' discretion: 8-11 years (usually)
Ability	Completed the Transition program Competent in freestyle, backstroke, breaststroke and butterfly
Commitment	Encouraged to join Barker Aquatic Swim Club, compete in relay teams, swim 2+ swim sessions per week
Training Focus	Drills and skills across all strokes
Competition	Recommend attend Club Nights and Area Championships
Equipment	Kick board, flippers, pull buoy



Bronze Squad (1.25 hours) Building a foundation of long term development, master the basics and learn how to use them in races

Age	Coaches' discretion: 10-13 years (usually)
Ability	Competing at Area and Metros in multiple strokes and 200 IM
Commitment	Encourage joining Barker Aquatic Swim Club, compete in relay teams, swim 3+ swim sessions per week
Training Focus	Building a base for competitive swimming, improve technique, drills, skills, and pacing across all strokes
Competition	School Events, Target Meets, and Area Championships, Speedo Heats, and Club Nights
Dry Land	Pre swim activation to be completed each session
Equipment	Kick board, flippers, pull buoy



Fit and Fast Squad (Up to 1.25 hours)

Swimming for speed and fitness

Age	Coaches' discretion: 13+ years (usually)
Working Towards	Individual needs & goals
Training Focus	Building a base for competitive swimming. Improve technique, drills, skills and pacing across all strokes
Competition	School Events, optional Club Nights and Carnivals
Equipment	Kick board, flippers, pull buoy



Silver Squad (1.5 hours) Training to compete at State level, setting goals and working towards them. Open to Water Polo and Surf Life Saving Athletes competing at state level.

Age	Coaches' discretion: 13+ years (usually)
Ability	Setting goals to compete at Area, Metros, State, and/or Nationals
Commitment	Join Barker Aquatic Swim Club, compete in relay teams, swim 4+ sessions per week. Water Polo and Surf Life Saving athletes must be affiliated and competing with a club
Training Focus	Developing training and race plans. Athletes work with their coaches to ensure continued development
Competition	School Events, Club Nights, Target Meets, Area, Metros, State, and/or Nationals
Dry Land	Pre-swim activation chart must be completed every session
Equipment	Kick board, flippers, pull buoy, snorkel, and paddles



Gold Squad (1.75+ hours) High performance goal setting, develop and execute your plan. Open to Water Polo and Surf Life Saving Athletes competing at national level.

Age	Coaches' discretion: 13+ years (usually)
Ability	To perform at Area, Metros, State, and/or Nationals
Commitment	Join Barker Aquatic Swim Club, compete in relay teams, swim 6+ sessions per week. Attend gym sessions. Water Polo and Surf Life Saving athletes must be affiliated and competing with a club
Training Focus	Developing training and race plans. Athletes work with their coaches to ensure continued development
Competition	School Events, Club Nights, Target Meets, Area, Metros, State, and/or Nationals
Dry Land	Pre-swim activation chart must be completed every session
Equipment	Kick board, flippers, pull buoy, snorkel, and paddles

2. Enrolment Process

2.1 Perpetual Enrolment/Cancellations

As our programs are perpetual and run year-round, enrolments are accepted at any time during the year. All new members must complete an online registration including contact details and emergency information.

Registration can be made through our Customer Portal: <https://barkercollege.accounts.ud.io>

A swimming assessment may be required at the time of enrolment to ensure your child is placed in the correct level.

For all booking enquiries please contact reception — swim@barker.nsw.edu.au

Bookings continue on a perpetual basis, meaning you retain your place in lessons without a need to re-enrol, until cancellation is advised. See our cancellation process for further information.

Note that this means lessons continue during school holiday periods, unless otherwise advised.

2.2 Fees

From 1st July 2020 our method of payment is direct debit only.

Fees are calculated monthly and are payable in advance on the 1st of each month.

A pro-rata amount will apply if enrolment commences part way through a month.

Customers will not be charged for Public Holidays.

2.3 Holiday Programs and Stroke Clinics

Families who are not in our regular programs who wish to enrol in a holiday program will be required to complete the enrolment process for each child online at <https://barkercollege.accounts.ud.io>.

An assessment may be required to ensure your child is placed in the correct level.

Holiday program bookings are accepted only for the entire block of lessons - usually 4 or 5 days, with a lesson on each day at the same time. Classes are subject to sufficient demand. Please check with our staff to confirm pricing.

2.4 Returning Enrolments

Families returning after a break of less than 6 months must email swim@barker.nsw.edu.au to confirm their re-enrolment process.

All students returning after a break of 3 months or more will be required to complete an assessment to confirm their level.

Re-enrolment bookings can only be made by Centre staff.

2.5 Barker only time slots

As Swim@Barker is owned and operated by Barker College, there are time slots that are only available for current Barker College students. This allows for these students to align their schooling and swimming.

As such, all Monday-Friday learn to swim classes up to and including Shark that commence between 3:00pm and 4:00pm are designated "Barker Only Timeslots" and can only be booked for current Barker students.

3. Fees

3.1 Fee Structure

Class Type	Barker/Staff	Community
Learn to Swim	Price per Lesson	
Learn to Swim (Jellyfish and Tadpole levels)*	\$12	\$14
Learn to Swim (Frog to Turtle levels)*	\$16	\$18
Learn to Swim (Dolphin level)*	\$17	\$19
Adult Learn to Swim*	\$16	\$18
	Price per Week	
Shark (1 session/week)*	\$14	\$16
Shark (2 sessions/week)*	\$19	\$25
Private Lessons	Price per Lesson	
30 mins	\$60	\$70
Disability	\$16	\$18
Barker Squads – Barker Pool (Unlimited Sessions)**	Price per Month	
Red Squads	\$65	-
Fit & Fast Squads	\$75	-
Bronze Squads	\$85	-
Silver Squads	\$95	-
Gold Squads	\$105	-
Hornsby Squads – Hornsby Pool (Unlimited Sessions)**	Price per Month	
Red Squads	\$65	\$100
Fit & Fast Squads	\$75	\$110
Bronze Squads	\$85	\$120
Silver Squads	\$95	\$130
Adult Squads	\$85	\$120

* Discounts apply when booking a second lesson per week (Learn to Swim)

** All Squad session must be pre-booked via the Customer Portal <https://barkercollege.accounts.ud.io> or Barker Aquatics Reception – swim@barker.nsw.edu.au, and are dependent upon availability..

Please Note: Barker Squads are limited to former, current and future Barker College students only.

3.2 Payment of Fees

To confirm a place in any of our programs or courses, payment is required at the time of booking. Families will be charged an initial pro-rated fee if commencing part way through the month. Subsequent monthly fees will be deducted on the 1st of each month. Accounts must be settled on this day. Customers should ensure sufficient available funds in their nominated account.

Please note that ongoing outstanding fees may result in your child's enrolment being discontinued.

Families should contact the Centre in advance if they anticipate any issues in settling accounts by the due date.

Family account statements can be viewed at any time via the online Customer Portal: <https://barkercollege.accounts.ud.io>

3.3 Public Holidays and End of Year Centre Shutdown

The Centre is closed on Public Holidays and for a period over Christmas and into the New Year. Fees will not be charged for these days.

3.4 Direct Debit Payments

Payment Method	Visa	Master Card	Amex	Bank Account	Diner's Club Other Cards	Cash	Cheque
Direct Debit	✓	✓	✓	✓	✗	✗	✗

Direct debit is our only method of payment. By completing the Direct Debit Authorisation via the Customer Portal (<https://barkercollege.accounts.ud.io>), parents/guardians acknowledge that lesson fees, or other charges, will be automatically debited from their nominated account on the first of each month.

If the debit is declined, the bill payer:

- Will be automatically notified by email
- Will be charged a Centre and/or Merchant dishonour fee
- May be charged additional fees by their financial institution

Customers with current Direct Debit Authorities in place should note that any outstanding fees owing will automatically generate a direct debit deduction/payment, regardless of the due date of the fees.

3.5 Payment Surcharges

All direct debit payments will incur a merchant surcharge of:

- Visa/Master Card/Amex: \$0.25 per transaction
- Bank Account: \$0.25 per transaction
- Declined payments due to "insufficient funds" will attract a \$15.00 dishonour fee

Active Kids

Barker Aquatic Centre accepts Services NSW Active Kids Vouchers.

Please note that multiple month's invoices may be raised in order to credit the full voucher value.



4. Attendance

4.1 Absences

Families should advise the Centre if their child cannot attend any lesson (including holiday programs), for whatever reason. Absences can be noted online via the Customer Portal: <https://barkercollege.accounts.ud.io>

Unexplained absences of three consecutive weeks or longer may result in your enrolment being withdrawn.

4.2 Make-Up Lessons

- Make-up lessons are applicable to all levels excluding squads i.e. all levels from Jellyfish to Shark inclusive
- Absences must be notified via the **UDIO** Customer Portal or via email (swim@barker.nsw.edu.au) at least one hour in advance to qualify for a make-up voucher
- Make-up lessons must be booked online via the UDIO Customer Portal
- Make-up lessons are only available to currently enrolled students and are subject to availability
- Make-up lessons should be for sessions outside of normal class times, not instead of.
- Make-up lessons can only be booked up to two weeks in advance
- Once booked, make-up lessons cannot be rescheduled
- Unattended make-up lessons will be forfeited

- Make-up vouchers are valid for three months. After that time, they will be forfeited
- Make-up vouchers for Private lessons can only be used in group classes and are subject to all other terms and conditions
- Make-up vouchers are not available for any squad programs
- Make up vouchers are not available for holiday programs
- Unused make up vouchers will be forfeited upon withdrawal if not used prior to the last lesson for our Learn to Swim Programs.
- Customers may only accrue a maximum of 9 make-up vouchers per family

4.3 Changes in Bookings

- Changes in your booking (day/time) can be made free of charge via the online Customer Portal: <https://barkercollege.accounts.ud.io>

5. Cancellations, Credits, and Refunds

5.1 Cancellations

Request for enrolment cancellation must be made via email to swim@barker.nsw.edu.au by the 21st of the month to cancel from the following month. Cancellations received after the 21st of any month, may not be processed prior to the following month.

5.2 Credits

Requests for credit will only be considered for children who have sustained injury or illness which has prevented them from swimming for a minimum of four consecutive weeks.

Requests should be made to the Aquatic Centre Reception Coordinator via email swim@barker.nsw.edu.au prior to the completion of the enrolled month. Please attach a medical certificate to your request. Credits may then be applied to future months or programs. Credit will only be calculated based on fees already paid, up to a maximum of six (6) weeks.

5.3 Refunds

Requests for refunds will only be considered when a participant has sustained major injury or illness requiring withdrawal from the program

Requests should be made to the Aquatic Centre Reception Coordinator via email swim@barker.nsw.edu.au, and must be accompanied by supporting medical documents. Requests must be submitted within two weeks from the date of injury/illness.

Please include bank account details to enable a refund by direct deposit. The refund process takes approximately 14 business days.

5.4 Centre Lesson Cancellations

The Centre reserves the right to cancel or close classes with low enrolments. If this occurs, staff will work with families to provide suitable alternatives where possible.

At times the Centre may be closed at short notice due to facility structural, mechanical, or sanitary reasons. If this occurs, credits will be applied to the family account. Credits issued in these circumstances will be valid for a period of six months. For incidental closures of less than a half a day, make-up lessons will be offered at the discretion of Management.

6. Swimwear and Pool Use

6.1 Swim Caps

All participants, excluding parent and child classes, must wear the designated coloured swim cap appropriate for their level during their lesson. Doing so will aid water safety and pool water cleanliness.

A complimentary cap is provided at the time of enrolment, and a new one issued when a child progresses to a new level. Replacement caps can always be purchased from Reception.

6.2 Swim Costumes

Appropriate swim costumes must be worn at all times while in the water. Children who are not fully toilet-trained must also wear protective swim-pants.

Board shorts are not acceptable swim wear for any age/level.

Children over the age of 3 should not wear rash shirts as they inhibit movement and the learning process.

6.3 Goggles

While goggles are not compulsory, they are recommended for swimmers in Frog and above. Goggles can be purchased from Reception.

Please Note: Due to current restrictions, we are no longer able to lend out temporary caps, goggles, swim costumes or towels.

6.4 Pool Rules

- Instructions by staff are to be followed at all times
- Students are not to enter the water until directed by the instructor or Deck Supervisor
- Students must exit the pool from their allocated lane
- No glass containers are permitted on pool deck
- With the exception of water, no food or drink is permitted to be consumed on pool deck
- Chewing gum is not permitted at any time within the Centre
- No running on pool deck
- Diving in either pool is only permitted under the direct supervision of Barker staff
- For Parent/Guardian and Child classes, a parent or guardian must be in the water at all times. Please be prepared to get wet! No more than one parent/ guardian per child is permitted
- A responsible adult should be in attendance during their child's lesson for all learn to swim classes up to and including Sharks, excluding children who attend OSH Club after their class
- Barker College Preparatory students participating in a class between 3:00pm and 4:00pm must have a parent or guardian within the Centre 10 minutes prior to the lesson to ensure students are dressed and ready for their lessons on time

7. Recording Devices

7.1 Recording Devices

No recording devices may be used by families anywhere in the Aquatic Centre. This includes, but is not limited to:

- Mobile phones
- Tablets
- Cameras
- Video/digital recorders

Please note that at times staff may video a child swimming to use the footage as a visual instructional aid. All recordings are deleted daily.





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